

Are you 50 or older and living with HIV? Struggling with sleep?

JOIN OUR STUDY!

Many people living with HIV experience ongoing sleep problems. You may be eligible to participate in the **Research on Enhancing Sleep and Treatment (REST) Study** if you:

- Are age 50 or older
- Have been diagnosed with HIV for at least 1 year
- Are currently taking HIV medication
- Have had ongoing sleep problems
- Are able to attend 3 in-person appointments at The University of Alabama

Participation is compensated!

For more information, or to see if this study is right for you...

please call (and leave a message):

**Dr. Stephen Thomas
(205-996-8694)**

