

# **UAB MEDICINE**<sup>®</sup>

## **Teen Volunteer Program Leadership Team**

### **Program Overview**

The UAB Medicine Teen Volunteer Leadership Program is a leadership experience for high school students who have previously participated in UAB Medicine's Teen Volunteer Program. Four applicants from each session will be selected to serve on the leadership team. Selection will be based on prior participation, application, recommendation and overall fit for the program.

### **Requirements**

- Previous Attendance in UAB Medicine's Teen Volunteer Program
- TVP Leadership Team Application
- Letter of Recommendation specific to leadership program
- Acceptance to the 2026 Teen Volunteer Program

### **Program Purpose**

- Develop leadership and communication skills in a real-world healthcare environment
- Strengthen volunteer engagement and accountability through peer influence
- Provide meaningful leadership experience
- Foster confidence, responsibility, and professionalism

### **Why Peer Leadership Matters**

- Encourages respectful, one-on-one guidance
- Creates a safe space for learning and growth
- Reinforces expectations through modeling
- Builds confidence and accountability

### **Leadership Philosophy**

- Leadership is a learned skill, not a personality trait
- Effective leaders listen, ask questions, and grow through feedback
- Leadership is rooted in respect, trust, and integrity, not popularity or authority

### **Leadership Training & Development**

Selected TVP Leadership Team Members will be supported by a structured leadership training class designed to help teens practice real-world leadership skills in a healthcare environment.

### **What the TVP Leadership Team Program means to UAB Medicine**

The Teen Volunteer Leadership Program reflects UAB Medicine's commitment to mentorship, youth development, and community engagement. By investing in early leadership development, UAB Medicine strengthens the volunteer culture, cultivates confident young leaders, and reinforces its role as a teaching and mentoring institution.