



Urinary Incontinence

The loss of bladder control is a common condition that can happen to anyone but especially as women age.

Symptoms of urinary incontinence range from mild leaking to uncontrollable wetting. Although it can be embarrassing, it is highly treatable.

Risk factors include menopause, being overweight, and childbirth – especially with vaginal deliveries.

You shouldn't wait until it becomes an issue. There are things we can do at all stages of life to strengthen and support pelvic health and help prevent symptoms.

Seeing a specialist is important, to get ahead of any problems and avoid unnecessary office visits.

The urogynecology experts at UAB Medicine can evaluate your personal risk factors and create a plan to help treat urinary incontinence.

If symptoms have already started, we offer surgical and non-surgical treatments – including medication, physical and behavioral therapy, Botox injections, electrical stimulation, and much more.

Call 205-996-3130 to make an appointment today.