

Vaginal Repair Procedures

Technique

Procedure involves the repair of the walls of the vagina to prevent prolapse (protruding out of the vagina). The procedure may be called an anterior repair when fixing a cystocele or a posterior repair when repairing a rectocele.

Incisions

An incision is made in the vagina at the site of the defect for this procedure. No abdominal incisions are required.

Operative Time

- Operative times vary greatly depending on the findings at the time of surgery. Your surgeon will proceed with safety as his/her priority.
- Average times range from 45-60 minutes.

Anesthesia

General anesthesia

Preoperative Care

- Please do not eat anything by mouth after midnight on the day prior to the procedure.
- You may be asked to do a bowel preparation on the evening prior to your procedure.

Hospital Stay

- Day surgery
- Inpatient stay for 1-2 days after the surgery

Postoperative Care

- These guidelines are intended to give you a general idea of your postoperative course. Since every patient is unique and has a unique procedure, your recovery may differ.
- Anti-inflammatory pain medicine is usually required for the first several days to manage soreness and inflammation.
- Opioid pain medicine will be provided to ease the discomfort from the incisions.
- We recommend taking anti-inflammatory medications such as ibuprofen or naproxen on a schedule, only using opioid pain medicine on an "as needed" basis.
- Driving is allowed after your procedure once you no longer need the opioid medicine to manage your pain.
- Patients may return to work in 4-6 weeks following the procedure.
- Please do not put anything in the vagina for 6 weeks.

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