

Tension-Free Vaginal Sling

Technique

Procedure involves placing a small piece polypropylene mesh around the pubic bones located under the urethra, which is the tube that leads from the bladder to the outside of the body.

Incisions

- A 3cm incision is made within the vagina, just beneath the urethra.
- Two small (3mm) incisions are made on the lower abdomen.

Operative Time

- Operative times vary greatly depending on the findings at the time of surgery. Your surgeon will proceed with safety as his/her priority.
- Average times range from 20-40 minutes.

Anesthesia

General anesthesia

Preoperative Care

Please do not eat anything by mouth after midnight the night before the procedure.

Hospital Stay

Day surgery

Postoperative Care

- These guidelines are intended to give you a general idea of your postoperative course. Since every patient is unique and has a unique procedure, your recovery may differ.
- Opioid pain medicine is usually required for the first 24-72 hours.
- Driving is allowed once you no longer need opioid medication for pain.
- If they wish, patients may return to work in 2 days.
- If you have difficulty voiding your bladder after your procedure, you will have a Foley catheter placed to aid with urinary drainage. Most patients will be able to void within 1-2 days. We will coordinate bladder testing and removal with you.

Physical Address: 1700 6th Ave. S.

Mailing Address: 176F, Ste. 9103, 619 19th St S., Birmingham, AL 35249

Phone: 205-996-3130, Fax: 205-996-3170