

PROCEDURES

CONSULT

Book a consult at UAB's Cosmetic Dermatology and Laser Clinic and we can create a personalized plan for your improvement goals. The consult fee is waived if you have, or book, a procedure that same day.

- Consult \$100

NEUROMODULATORS

Botox, Dysport, and Xeomin are neuromodulators that temporarily relax specific muscles by blocking the nerve impulses to those muscles. As the treated muscles relax, wrinkles and lines created by their contraction gradually fade and sometimes even disappear completely.

- Botox \$13 per unit
- Dysport \$13 per unit
- Botox Hyperhidrosis \$1,200

DERMAL FILLERS

Dermal fillers help reverse the signs of aging. As we age, our face loses bone, fat, and collagen under the skin, especially in fit individuals. A young face is defined by facial fullness, not simply tightness of skin. Natural dermal fillers can restore the lost volume, resulting in a more youthful look.

- Juvederm \$525 per vial
- Volbella \$425 per vial
- Voluma \$800 per vial
- Restylane \$525 per vial
- Lyft \$600 per vial
- Defyne & Refyne \$650 per vial

KYBELLA

Kybella is a non-surgical injectable for reducing moderate to severe fat below the chin, the area commonly known as a "double chin." The injection contains a naturally occurring substance in the body, deoxycholic acid, which helps the body absorb fat cells. When properly injected, Kybella destroys fat cells. The FDA approved Kybella as a treatment for adults with submental fat in 2015. The treatment is called Belkyra in Canada, Australia, and U.K.

- Kybella \$1375 for 2 vials

VBEAM/PULSED-DYE LASER

The Vbeam Perfecta system uses a pulsed-dye laser to treat birthmarks, rosacea, red & brown sun spots, scars, stretch marks, warts & more.

- Vbeam 0-10 pulses \$150
- Vbeam 10-50 pulses \$225
- Vbeam 50-200 pulses \$375
- Full face x 3 \$1,000

INTENSE PULSED LIGHT

IPL photorejuvenation primarily addresses the skin's tone by reducing the brown pigmentation and redness that create a dull, aged complexion. IPL is a no downtime treatment and any area of the body can be treated to even out skin tone by delivering pulses of light to the target areas, such as brown pigment and red cells in the skin. This light is converted to heat energy, which fades those specific targets resulting in a more even, brighter complexion with less discoloration. IPL Photorejuvenation has been performed for over 20 years, and there are many studies in the medical literature demonstrating true, antiaging and acne benefits. We use both the Elos Technology and the Palomar Icon devices and can treat upto skin type 4 with IPL.

- Acne IPL \$200
- Acne IPL x 3 \$500
- Photofacial/photochest or photoarms \$375 per treatment
- Photofacial/photochest or photoarms x 3 \$1,000
- Photofacial and chest \$500
- Photofacial and chest x 3 \$1,250
- Photo-spot treatment \$50 per spot

CHEMICAL PEELS

A chemical peel uses a solution to improve the texture and tone of your skin by removing the damaged outer layers. Although chemical peels are used mostly on the face, they can also be used to improve the skin on your neck and hands. Sun exposure, acne, or simply getting older can leave your skin tone uneven, wrinkled, spotted, or scarred.

A chemical peel is one of the most cost-effective ways to improve the appearance of your skin. The potential results depend on the type of ingredients and technique used. At the UAB Cosmetic Dermatology and Laser Clinic, we can pick the best ingredients for your particular skin type and condition.

- Medium-depth peel \$500
- Superficial peels \$125
- Dermaplaning add-on prepeel \$75
- Hydrafacial \$150
- VI Precision Plus \$300
- VI Purify Precision Plus \$300
- Hydrafacial x 4 \$400
- Vitalize \$155
- Rejuvenize \$200

COSMETIC LESION REMOVAL

We can improve the appearance of the spots by shave removal, cryotherapy, cautery, epilation, or a combination of these treatments. Insurance does not cover the removal of harmless spots on the skin for cosmetic purposes such as skin tags, common moles, seborrheic keratoses, and sebaceous hyperplasia.

- 1 Lesion \$50
- 2 – 15 Lesions \$150
- 15 or more \$200
- Acne Surgery \$200

LASER HAIR REDUCTION

The laser hair removal permanently reduces hair by targeting the pigmentation in the hair follicle while leaving the surrounding tissues unaffected. Most patients can expect a significant reduction of 80% or better with the remaining hair becoming finer and softer after multiple treatments. The number of treatments depends on skin and hair type. You will want to arrive with the area freshly shaven and the treatment time can be anywhere from 10 minutes to 1 hour or more depending on the size of the area. We have Elos Technology and the Palomar Icon devices and can treat all skin types comfortably and safely.

- Hair – lip \$100
- Hair – lip x 3 \$250
- Hair – legs \$750
- Hair – legs x 3 \$2,000
- MaxRs Hair – brazilian \$400
- Hair – brazilian x 3 \$1,000
- Hair – axilla or bikini \$250
- Hair – axilla or bikini x 3 \$600
- Lip & chin \$250
- Lip & chin x 3 \$600
- Back \$500
- Back x 3 \$1,250
- Chin \$200
- Chin x 3 \$550

FRAXEL RESTORE/DUAL – RESURFACING

The Fraxel Dual laser treats uneven (or blotchy) pigmentation commonly associated with sun spots, melasma, and even precancerous conditions, such as actinic keratosis, which manifests itself in small, rough patches of skin. The Fraxel Dual has the unique benefit of two separate treatment modes that target different skin layers by using different laser frequencies. The 1550 frequency penetrates deep into the dermal layers of the skin to specifically target aging skin concerns such as deep pigment, wrinkles, and acne scarring. The 1927 laser frequency targets the epidermal skin layers to improve skin tone, texture, and smoothness.

PROCEDURES

- Fraxel – restore face \$1,000
- Fraxel – restore neck \$500
- Fraxel – restore chest \$600
- Fraxel – restore hands \$500
- Fraxel – restore hands and arms \$1,000
- Fraxel – restore face x 3 \$2,700
- Fraxel – restore neck x 3 \$1,200
- Fraxel – restore chest x 3 \$1,500
- Fraxel – restore hands x 3 \$1,200
- Fraxel – restore hands and arms x 3 \$2,700

NON-ABLATIVE RESURFACING

Non- Ablative resurfacing is for patients concerned about wrinkles, fine lines, acne scars, and irregular skin texture, but don't want the downtime associated with traditional resurfacing. These treatments target imperfections in the skin while reducing the impact on the surrounding healthy tissue by removing fractions of old skin by creating precise micro treatment zones in the dermis that is deeper than the epidermis, therefore no peeling results and the treatment is safe for all skin types. We have both the Elos Sublative for skin types 1-6 and the Icon 1540 safe for skin types 1-5.

- Sublative/1540 \$700
- Sublative/1540 x 3 \$1500
- Sublative/1540 peri-oral or peri-ocular, spot treatment \$300
- Sublative/1540 peri-oral or peri-ocular, spot treatment x 3 \$750
- Sublative/1540 abdomen for striae distensae \$600
- Sublative/1540 abdomen for striae distensae x 3 \$1,500

ICON 2940 FRACTIONAL ABLATIVE RESURFACING

The Icon 2940 is used to treat severe acne scars, wrinkles and fine lines, hyperpigmentation, and other signs of sun damage, aging or trauma similar to the Fraxel devices. However compared to the Fraxel Repair it has significantly less downtime with great results. The Er:YAG beam gently removes the old skin with precise micro-ablated channels and then finally, the skin is that is ablated results in a light to deep peeling that removes superficial imperfections depending on the strength of treatment. The laser's flexibility enables us to fine-tune treatments based on your specific skin condition, ranging from a light peel to deep collagen remodeling with little downtime to one week of downtime.

- 2940 Resurfacing – face \$3,000
- 2940 Resurfacing – neck and chest \$3,000

THERMAGE

Thermage is a radiofrequency treatment that transforms skin by working deeper below the surface than most other radiofrequency devices. The benefits include the smoothing of wrinkled or uneven skin, better definition of facial features around the eyes, jaw, and neckline, and even the smoothing and toning of unsightly bulges, dimples, and wrinkles on the face and body. It does not require a series of treatments to see lasting results.

- Thermage face \$2,000
- Thermage cheeks and lower face \$1,500
- Thermage jawline \$1,200
- Thermage periocular – eyes \$800
- Thermage abdomen \$2,500
- Thermage both arms \$2,000
- Thermage both legs \$2,500

MICRONEEDLING

Microneedling is a procedure that causes controlled micro-injuries to the skin to stimulate your body's natural wound healing process. This results in effective remodeling of scar tissue, fine lines, and wrinkles. The overall skin is kept intact leading to minimal down time. This procedure may be paired with PRP (Platelet Rich Plasma) to help the skin repair itself and stimulate collagen production.

- Microneedling \$300
- Microneedling x 3 \$800

PLATELET RICH PLASMA

PRP is a procedure that utilizes platelets and associated growth factors to stimulate the healing process. A simple blood draw is taken from the patient and is then placed in a centrifuge machine that separates the platelet rich plasma portions. It has been proven to be effective in a broad range of applications including certain types of hair loss, skin rejuvenation, anti-aging, and acne scarring.

- PRP add on \$250
- PRP add on x 3 \$600
- Scalp PRP \$550

THERMISMOOTH

ThermiSmooth can be used on the face or body and targets the areas under the skin using radiofrequency energy to tighten the skin, produce collagen, and reduce cellulite. It requires a series of applications over 6-8 weeks that are gentle and feel like receiving a warm massage.

- Eyes \$300
- Face \$300
- Neck \$300
- Arms \$300
- Chest \$400
- Abdomen (sm) \$400
- Abdomen (lg) \$500
- Flanks \$500
- Anterior thighs \$600
- Posterior thighs \$600
- Knees \$400
- Package of 3 – facial and neck tightening \$1,500
- Sublime Infrared tightening add-on x 3 \$600

EARLOBE REPAIR

We can repair earlobes that have been split, torn, or stretched by heavy earrings. This procedure includes the re-piercing after you are fully healed.

- Single earlobe repair, simple \$250
- Bilateral earlobe repair, simple \$450
- Single earlobe repair, complex \$400
- Bilateral earlobe repair, complex \$650

| ORDER OF TREATMENTS | DOWNTIME | TIME BETWEEN TREATMENTS | COST |
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