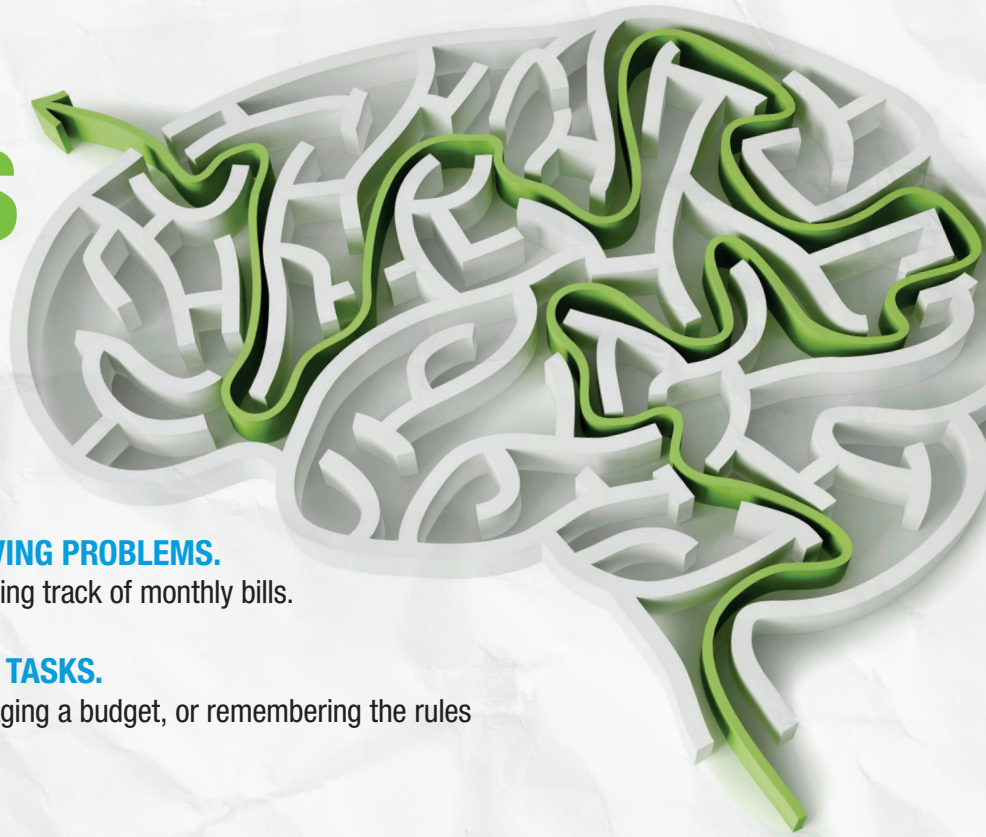


ALZHEIMER'S/AWARENESS

SIGNS AND SYMPTOMS



1. MEMORY LOSS THAT DISRUPTS DAILY LIFE.

Forgetting recently learned information, important dates, or asking the same questions repeatedly.

2. CHALLENGES IN PLANNING OR SOLVING PROBLEMS.

Trouble following a familiar recipe or keeping track of monthly bills.

3. DIFFICULTY COMPLETING FAMILIAR TASKS.

Trouble driving to familiar locations, managing a budget, or remembering the rules of a favorite game.

4. CONFUSION WITH TIME OR PLACE.

Losing track of dates, seasons, and the passage of time. Sometimes forgetting where they are or how they got there.

5. TROUBLE UNDERSTANDING VISUAL IMAGES AND SPATIAL RELATIONSHIPS.

Difficulty reading, judging distance, and determining color or contrast. They may pass a mirror and think someone else is in the room. Not recognizing their own reflection.

6. NEW PROBLEMS WITH WORDS IN SPEAKING OR WRITING.

Trouble following or joining a conversation, struggling with vocabulary, calling things by the wrong name.

7. MISPLACING THINGS.

Losing things frequently and unable to retrace their steps to find them again, or accusing others of stealing.

8. DECREASED OR POOR JUDGMENT.

Poor decisions when dealing with money or paying less attention to grooming or hygiene.

9. WITHDRAWAL FROM WORK OR SOCIAL ACTIVITIES.

Removing themselves from hobbies, social activities, or work projects. Trouble remembering how to work on a favorite hobby.

10. CHANGES IN MOOD AND PERSONALITY.

Becoming confused, suspicious, depressed, fearful, or anxious.

UAB MEDICINE

NEUROSCIENCES