



Labor and Delivery

The UAB Women & Infants Center provides care in a world-class facility including all private rooms with sleeping accommodations for spouse or support person, and amenities like room service meals, on-site valet parking, family lounges with computer centers and playrooms, and wireless internet access.

A care team consisting of maternal-fetal medicine physicians, anesthesia specialists, and a personal labor nurse provides 24-hour personal care during your stay in the UAB Women & Infants Center.

Housed in the UAB Women & Infants Center, the UAB Regional Newborn Intensive Care Unit provides the highest degree of life saving services and 24-hour continuing care should the need arise, designed to allow families to be with their babies throughout their stay.

The UAB Maternity and Evaluation Unit for emergencies is also located in the UAB Women & Infants Center, with convenient drive-through for patient drop-off.



Directions To UAB Hospital

From I-20/59 and I-65 South (From Tuscaloosa, Atlanta, or Huntsville): Exit I-20/59 onto I-65 south. Exit I-65 at 259B (4th Ave. South). Proceed through the intersection of 4th Ave. South and 18th Street. The UAB Hospital parking deck entrance will be on your right, before you reach 19th Street.

From I-65 North (From Montgomery): Exit onto 8th Ave. South (Exit 259), which is also called University Blvd. Proceed to 18th Street and turn left. Proceed straight for four blocks, then turn right on 4th Ave. South. The UAB Hospital parking deck entrance will be on your right.

From Highway 31 North and South and Highway 280: From Highway 31 north and south, exit right onto University Blvd., which is also called 8th Ave. South. Proceed to 18th Street and turn right. Go four blocks to 4th Ave. South and turn right. The UAB Hospital parking deck entrance will be on your right. From Highway 280, merge onto Highway 31 and follow the directions listed above.

Parking fees apply

Maternal-Fetal Medicine



**High-Risk Pregnancy Care,
Prematurity Prevention,
and Prenatal Genetics**

Choosing world-class pregnancy care from UAB's maternal-fetal specialists is the first important decision you'll make in the life of your child. Why? Because 10 to 20 percent of women do not know their pregnancy is high-risk until labor, and 12 percent of deliveries are premature. You will receive care from UAB physicians who stand ready to provide the highest level of care for your pregnancy.



Preconception Counseling

Expectant mothers must consider many issues when planning for a baby, especially if either you or your physician is concerned that you could have a high-risk pregnancy. Many women have complicated pregnancy histories and/or medical conditions that could lead to pregnancy complications. UAB's maternal-fetal medicine physicians offer counseling and management strategies for women with these concerns prior to pregnancy.



Prenatal Care

As a UAB patient, you have access to the resources of the Women & Infants Center. You will receive personalized care from skilled, knowledgeable physicians backed by the renowned resources of UAB Medicine.

As part of UAB Medicine, UAB's specialists have access to today's newest, most advanced medical breakthroughs, including new treatment options that can reduce recurrent preterm births by 33 to 50 percent.

All of UAB's expert physicians hold board certifications in both obstetrics and gynecology and maternal-fetal medicine. One is also board-certified in genetics. They are nationally recognized experts in caring for women with complex pregnancies, including patients with:

- Prior pregnancy complications
- Prior pregnancy loss
- Twins or other multiple gestation
- Diabetes, hypertension, or other complex
- Medical conditions or
- Genetic problems

You will have the opportunity to meet with the specialists in the practice, who regularly meet as a team to review your care throughout your pregnancy. This collaboration ensures that you receive comprehensive care that addresses your special needs and concerns.

UAB's expert physicians use the most advanced ultrasound and genetic technologies to give you the most comprehensive information about your pregnancy.