Please bring the following with you each time you are called for potential transplant or hospitalized due to illness:

✓ **ALL MEDICAL EQUIPMENT:** Remember your caregiver’s equipment as well.
   - **Examples:**
     - Home blood pressure machine
     - Nebulizer machine
     - Glucometer (with test strips and lancets)
     - CPAP/BiPAP machine
     - Weight scale (if you have one)
     - Insulin pump and supplies

✓ **CAREGIVER**
   - Must be able to assist you with your post-transplant clinic appointments and activities of daily living (e.g. transportation, bathing, dressing, medications, etc.)
   - Time commitment starts the day of transplant and runs through recovery (3-4 weeks after transplant)

✓ **IDENTIFICATION, INSURANCE CARDS, PROOF OF INCOME, CREDIT/DEBIT CARDS, & MONEY**
   - Please consider financial obligations after transplant:
     - Hotel Cost (for those living over 50 miles from Birmingham) – 3-4 weeks
     - Parking Cost – Approximately $8 dollars a day during hospital stay
     - Medication Cost – Transplant medication often can be costly.
     - Food Cost – You are responsible for meals if staying in a hotel after transplant.

✓ **MEDICATIONS IN THE ORIGINAL BOTTLES**
   - All medications for both you and your caregiver

✓ **PERSONAL BELONGINGS:** You will be in Birmingham for a minimum of 3-4 weeks after transplant.
   - **Things to bring:**
     - Robe and non-slip house shoes
     - Comfortable shoes for walking
     - Comfortable street clothing
     - Glasses
     - Hearing aids
     - Toiletries
     - Notepad
     - Binder to keep important documents