

Hysteroscopic Sterilization

Technique

Procedure involves using a hysteroscope to place microinserts within the opening of the fallopian tubes from within the uterus. These inserts block the fallopian tubes for the purpose of permanent sterilization.

Incisions

No incisions are required for this procedure

Operative Time

Operative times vary greatly depending on the findings at the time of surgery. Your surgeon will proceed with safety as his/her first priority. Average times range from 15-30 minutes.

Anesthesia

- Local anesthesia or
- Local anesthesia + IV sedation

Preoperative Care

- Schedule your case immediately after your period.
- Your doctor will recommend that you take a hormonal medicine to thin the lining of your uterus prior to this procedure.
- Nothing by mouth after midnight

Hospital Stay

- Office procedure
- Day surgery

Postoperative Care

These guidelines are intended to give you a general idea of your postoperative course. Since every patient is unique and has a unique procedure, your recovery may differ.

- Anti-inflammatory pain medicine, such as ibuprofen, naproxen, etc., is usually required for the first several days. Most patients do not need narcotics.
- Driving is allowed once you have cleared anesthesia.
- If they desire, patients may return to work on the day of the procedure.
- You must use a form of reversible contraception until you undergo a hysterosalpingogram (HSG). This x-ray test will be performed 3 months after your procedure and will confirm that your fallopian tubes are occluded.