

## Alabama Adult Congenital Heart Clinic Locations

### **Birmingham:**

The Kirklin Clinic of UAB Hospital  
2000 6th Avenue South

UAB Women & Infants Center  
1700 6th Avenue South

### **Huntsville:**

North Children's of Alabama Specialists  
502 Governors Drive

### **Montgomery:**

Physicians to Children  
Taylor Medical Complex  
470 Taylor Rd, Suite 210

UAB Maternal-Fetal Medicine is located  
inside the UAB Women & Infants Center  
at 1700 6th Avenue South.

## Pregnancy and Adult Congenital Heart Disease



**UAB MEDICINE**

Knowledge that will change your world

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**UAB Medicine is a national leader in treating heart disease, and we offer the most advanced maternity care in Alabama.**

Women living with adult congenital heart disease (ACHD) often need specialized care to avoid complications during their pregnancy and delivery. Our Alabama Adult Congenital Heart Disease Program partners with the UAB Division of Maternal-Fetal Medicine on your care, a collaboration that ensures you will receive the most advanced medical attention from specialists in several areas, including Pediatric and Adult Cardiology, Cardiovascular Surgery, and Obstetrical and Cardiovascular Anesthesiology. UAB is the only hospital in the state with the full range of expertise to manage and treat pregnant women with congenital heart disease.

## **Living Longer**

UAB Heart and Vascular Services is widely recognized for its innovative treatments for patients with congenital heart disease. Thanks to advancements in this area, survival into adulthood has become the norm rather than the exception. In fact, the number of adults living with congenital heart disease now exceeds the number of children who have it. This growing population of ACHD patients has created unique opportunities, especially in caring for pregnant women.

## **Avoid Complications**

The probability of medical complications in pregnant women with congenital heart disease can be as high as 19 percent. Issues include arrhythmia, heart failure, stroke, endocarditis, and myocardial infarction. Even death is possible in extreme cases.

Still, many women with congenital heart disease enjoy pregnancies and deliveries that are free of cardiac problems. Given the potential complications, though, the American Heart Association and the American College of Cardiology recommend that women with ACHD undergo a thorough evaluation and have a comprehensive plan of care developed by specialists.

**Take steps now** to minimize the potential effects of ACHD on your pregnancy and your baby's health by trusting your care to UAB Medicine.

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To schedule an appointment or for more information, please call UAB HealthFinder at (205) 934-9999 or toll-free at (800) 822-8816. Learn more by visiting us online at [uabmedicine.org/TinyHearts](http://uabmedicine.org/TinyHearts) and [uabmedicine.org/achd](http://uabmedicine.org/achd).