Session 1, 8:00 to 10:00
Myofascial Release for Postural Dysfunction and How This Applies to Respiration and Swallowing
Course Description: This session will cover topics related to identifying postural dysfunction in patients and how this may effect respiration and swallowing. Basic myofascial release techniques will be demonstrated.
Speaker: Robin Riddle, DPT, is a Physical Therapist at UAB. She graduated from Auburn University in 2004 with a B.S. in Exercise Science. She graduated from UAB in 2007 with Graduate DPT. She has 7 years experience in the outpatient orthopedic setting with an emphasis on manual techniques.
Learners’ Objectives: The learner will: 1) Identify posture dysfunction and complications as they relate to respiration; 2) Demonstrate evaluation and basic myofascial release techniques for postural dysfunction.

Break 10:00-10:15

Session 2, 10:15-12:15
Esophageal Dysphagia for the SLP
Course Description: This session will cover topics related to identification and management of the signs and symptoms of Esophageal dysphagia and its correlation to the Oropharyngeal swallow. Anatomy, physiology, and etiology as well as treatment strategies and referrals for further diagnostic workup will be discussed.
Speaker: Duane Trahan, M.S., CCC-SLP, is a Speech Pathologist at UAB in the acute care and outpatient setting with 10 years of experience. He obtained his B. S. and M. S. degrees from the University of Louisiana at Monroe. His interests lie in oral/pharyngeal/esophageal dysphagia evaluation and treatment and Speech Pathology for the head and neck cancer patient. Disclosures: Financial: Employee of UAB Medicine. Non-financial: None
Learners’ Objectives: The learner will: 1) Discuss signs and symptoms of Esophageal Dysmotility versus Obstruction; 2) Identify appropriate means for referral for further testing; 3) Discuss the impact of Esophageal Dysphagia on the Oropharyngeal mechanism of swallowing; 4) Identify rationale and contraindications to treatment strategies.

Session 3, 1:00-2:00
What is in a Diagnosis? Introduction to Delirium
Course Description: This session will cover topics related to the diagnosis of delirium.
Speaker: Sharon Marbury, M.A., CCC-SLP, is a Speech Pathologist at UAB. She has worked in the acute care setting for 20 years. Disclosures: Financial: Employee of UAB Medicine. Non-financial: None
Learners’ Objectives: The learner will: 1) Identify causes of delirium; 2) Differentiate delirium from cognitive deficits and dementia.

Session 4, 2:00-3:00
Impacting System Wide Change - One Step at a Time
Course Description: This session will cover topics related to research and how this information can be utilized by Speech-Language Pathologist to implement evidence based practice.
Speaker: Emily Simmons, MSN, RN-BC, CNL is the ANC-NICHE and Geriatric Scholar Program Coordinator at UAB. She has worked with geriatric patients for 10 years. She received her BSN from UAB in 2004 and her MSN in 2012. Disclosures: Financial: Employee of UAB Medicine. Non-financial: None
Learners’ Objectives: The learner will: 1) Discuss how process improvement projects can be utilized to impact organizational change.

Session 5, 3:15-4:15
Malnutrition and the Dysphagia Patient
Course Description: This session will cover information related to identifying malnutrition and various strategies utilized when providing nutrition to the patient with dysphagia.
Speaker: Steve Dupont, is a registered dietitian at UAB where he has worked for the past 3 years. He received his degree from UAB in 2012. He is a true believer in the power of medical nutrition therapy to help both chronic and
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Agenda
8:00-10:00 Myofascial Release for Postural Dysfunction and How This Applies to Respiration and Swallowing
10:00-10:15 Break
10:15-12:15 Esophageal Dysphagia for the SLP
12:15-1:00 Lunch
1:00-2:00 What is in a diagnosis? Introduction to Delirium
2:00-3:00 Impacting System Wide Change - One Step at a Time
3:00-3:15 Break
3:15-4:15 Malnutrition and the Dysphagia Patient
4:15-5:15 Head and Neck Surgery and It’s Effects on Swallowing and Speech

Location:
University of Alabama Hospital’s West Pavilion Conference Center at 1614 8th Street South, Conference Room
The West Pavilion Conference Center is located on the second floor of the West Pavilion.

Parking:
On the weekend you should be able to find parking on the street. However, there is a parking deck on the corner of 18th Street and 4th Avenue South. The cost is $6.

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Acute health problems. While at UAB he has specialized in nutrition for Neurology and Neurosurgery services, including the Neurosurgery Intensive Care Unit. Disclosures: Financial: Employee of UAB Medicine. Non-financial: None

Learners’ Objectives: The learner will: 1) Define and recognize malnutrition in the hospitalized patient; 2) Understand strategies/best practices for nourishing patients with severe dysphagia.

Session 6, 4:15-5:15

Head and Neck Surgery and It’s Effects on Swallowing and Speech

Course Description: This session will discuss common Head and Neck surgeries and their implications on speech and swallowing as well as the reconstructive process and treatment implications.

Speaker: Dr. Benjamin Greene is an Otolaryngologist at UAB. He received his medical degree from SUNY Buffalo School of Medicine and Biomedical Sciences and completed his residency at the University of Rochester. He completed a fellowship in Head and Neck Oncology and Reconstructive Surgery at UAB. He specializes in Head and Neck microvascular surgery. Disclosures: Financial: Employee of UAB Medicine. Non-financial: None

Learners’ Objectives: The learner will: 1) Discuss anatomical changes with Head and Neck surgeries and effect on speech & swallowing; 2) Discuss treatment precautions related to reconstructive surgeries.