

# The Mechanics of Medical Music Therapy

June 27<sup>th</sup>, 2015

Join the UAB Health System music therapy team as we discuss the “behind the scenes” mechanics of our program.

Cost will be \$70 per person (\$80 for late registration) to receive 7 CMTE credits.

No prerequisites required. Students welcome at a reduced rate of \$30.

## About this CMTE opportunity:

This CMTE will educate participants on the many components of a highly productive and effectual medical music therapy program. A medical music therapist must not only be able to provide excellent care, but also work within the hospital matrix together with other professionals, manage large caseloads, and provide education to hospital staff on the importance and role of music therapy. This course will provide an insight into UAB Health System’s medical music therapy program and will include information about the program’s creation, productivity, patient satisfaction/feedback, funding, teamwork, interdisciplinary teams, and special programs facilitated by the medical music therapy department. Participants will also have the opportunity to tour the facility and will come to understand the inner workings of our program. We hope for this to be a dynamic experience and encourage participants to share ideas and ask questions. Participants’ understanding will be assessed using the CMTE course evaluation form.

## About UAB Health System:

This CMTE will be presented by the medical music therapy team at UAB Health System. Our program began in 1999, and has grown to 5 music therapists, working on over 42 units of the hospital, with varying ages and populations.

Presenters include:

Kim Hamrick, MT-BC

Angela Howard, MT-BC

Amelia Lane, MT-BC

Wesley Hyde, MT-BC

## Learner Objectives:

Participants will understand the process of initiating a medical music therapy program in a hospital setting, using examples from UAB Health System’s medical music therapy program. (IV.B.4.; IV.B.14.)

Participants will understand how productivity is measured at UAB Health System, and importance of patient feedback to justify music therapy in the hospital’s budget. (III.A.7.; IV.B.15.)

Participants will understand the importance and benefits of working with an interdisciplinary team in the hospital setting, as well as advocating with and for community programs within the facility. (III.B.7; IV.B.6.)

Participants will learn methods of teamwork within the music therapy department, for the purpose of consultation, preventing burnout/caregiver fatigue, and maintaining a high quality of care. (IV.A.4.; IV.A.5.; IV.B.5.)

Participants will understand the importance of assessment in maintaining appropriate caseload. (I.A.6.; I.C.6.; II.C.1.)

## Schedule for the Day:

### 8:30 Registration

9:00-9:30 Introductions/Facility Overview

9:30-10:00 How the Program Began

10:00-11:00 Our Team

11:00-12:00 Interdisciplinary Care

### 12:00-1:00 Lunch (on your own)

1:00-2:00 Evaluation and Treatment

2:00-3:30 Funding

### 3:30-3:45 Break

3:45-4:30 Tour of Facility

4:30-5:15 Discussion

## Registration:

Please register by June 13<sup>th</sup> to participate in this exciting event. Should this CMTE be cancelled, all registered participants will be notified and any fees paid will be refunded.

Log on to [https://secure.touchnet.com/C21564\\_ustores/web/store\\_main.jsp?STOREID=13&SINGLESTORE=true](https://secure.touchnet.com/C21564_ustores/web/store_main.jsp?STOREID=13&SINGLESTORE=true) to register.

Student registration: \$30 (register by emailing Amelia at [amlane@uabmc.edu](mailto:amlane@uabmc.edu) and pay on site)

Regular registration: \$70 by June 13<sup>th</sup>

Late registration: \$80 after June 13<sup>th</sup> or on site (check only)

## Remember to bring your CBMT# with you to receive credit!

## Questions?

Contact Amelia by email [amlane@uabmc.edu](mailto:amlane@uabmc.edu), or call (205)934-4981

**Presenters:****Kim Hamrick, MT-BC, NICU-MT**

Kim has been working as a Music Therapist at UAB Hospital for four years. She finished her internship at UAB and graduated from The University of Alabama in 2010 with a Bachelor's of Music in Music Therapy. Kim gained her NICU-MT certification from Florida State University in 2012, and is currently working on completing her Master's Degree in Public Health with a concentration in Maternal and Child Health. Kim's special areas of interest in music therapy are in Palliative Care and Adolescent Psychiatry, two of the main populations she works with at UAB Hospital. Kim has also worked with children on the Autism spectrum and with severe developmental delays on a contract basis during her career as a Music Therapist.

**Angela Howard, MT-BC**

Angela currently works as a music therapist at UAB Highlands on the ACE Unit (Acute Care for the Elderly). She has been employed with UAB as a music therapist since November 2009. Angela completed the equivalency program at the University of Alabama in 2006 and completed her internship training at HealthSouth Lakeshore Rehabilitation Hospital in Birmingham AL. She also received a bachelor's degree in psychology from Georgia State University in Atlanta, GA in 2002. Angela also provides music therapy as an independent contractor for skilled nursing/assisted living facilities. In addition to being a music therapist, Angela also serves as the minister of music at Bryan Memorial Presbyterian Church in Hoover, AL.

**Amelia Lane, MT-BC, NICU-MT**

Amelia has been working at University of Alabama at Birmingham (UAB) Hospital since December, 2012. She received her Bachelor of Arts in Music Therapy from Charleston Southern University in 2012, completing her internship training at Florida Hospital Orlando and the Walt Disney Children's Pavilion in Orlando, Florida. Since working at UAB Hospital, Amelia has concentrated on adult acute care setting, including intensive care units, general inpatient, bone marrow transplant, heart/lung transplant, trauma/burn units, and hematology/oncology, as well as palliative care, adolescent and adult psychiatric units, and our most acute neonatal nursery. Amelia also holds a contract position as a music therapist through ArtPlay, working at Children's of Alabama with patients and families in the hematology/oncology and bone marrow transplant units.

**Wesley Hyde, MT-BC, NICU-MT**

Wesley joined the Music Therapy Department at UAB Hospital in January of 2014. He received his bachelor's degree in music therapy from The University of Alabama and completed his clinical internship at Lakeshore Rehabilitation Hospital in 2013. Currently, Wesley concentrates his work in the general acute care setting and in inpatient physical rehabilitation.

"The Mechanics of Medical Music Therapy" is approved by the Certification Board for Music Therapists (CBMT) for 7 Continuing Music Therapy Education credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). The SER-AMTA #P-024, maintains responsibility for program quality and adherence to CBMT policies and criteria.