KIDNEY AND SIMULTANEOUS KIDNEY & PANCREAS (SPK) TRANSPLANT
PATIENT SELECTION CRITERIA

Physicians seeking to refer a patient to the UAB Kidney and SPK Transplant Program should be aware of the following criteria for consideration:

Reasons a patient WILL NOT be able to receive a kidney transplant:
- Active alcohol or drug abuse, except tobacco
- Severe heart disease with heart failure (ejection fraction < 20% by echocardiogram)
- Serious lung disease with severe breathing difficulty based on breathing tests, and on continuous 24 hours per day home oxygen
- Dependence on nursing home or other long-term provider
- History of having a certain type of surgery to improve circulation to the legs, called aortobifemoral bypass grafting or stenting
- Active chronic liver disease with evidence of portal hypertension
- Severely overweight (body mass index > 50)
- Calciphylaxis (calcified uremic arteriolopathy) – previous or current

Additional contraindications specific to SPK transplant:
- BMI > 35
- 65 years of age or older
- Documented HIV infection
- Long history of noncompliance with medical therapy
- Severe peripheral vascular disease and iliac disease with or without major amputation
- History of cancer treated within the last 2 years, except for non-melanoma skin cancer
- Severe or uncorrectable heart disease or significant cardiac dysfunction (Ejection fracture < 30%)

Reasons a patient MAY NOT be able to receive a kidney or simultaneous kidney & pancreas (SPK) transplant:
- Greater than 70 years old
- Active cancer treated within the two years prior to evaluation, except basal and squamous cell skin cancers and certain kidney cancers
- Severe aortoiliac calcifications
- Severe peripheral occlusive vascular disease (poor circulation)
- Pulmonary hypertension with PASP > 60mm/Hg
- Active untreated infections (e.g. tuberculosis, fungal infections)
- Significant history of noncompliance with medical therapy, including dialysis
- Significant functional/cognitive impairment without reliable caregiver
- Resources deemed inadequate to support necessary post-transplant care
- Chronic hypotension or hypotension on dialysis requiring pressors (e.g. midodrine)
- High ostomy output
- BMI between 40-50

Please visit uabmedicine.org/referkidneytransplant or call 888-822-7892 for more information.