

PRE-OPERATIVE BARIATRIC SURGERY STARTER KIT: PHASE 1

- 2 weeks' worth of approved protein shakes for the pre-op diet, (including extra shake for day before surgery)
- 30-day supply of all recommended vitamins and minerals to begin after surgery
- 30-minute phone consultation with a registered dietitian before or after surgery

PRODUCTS

FLAVORS



MULTIVITAMIN
Bariatric Advantage Multi EA
Chewable Complete
1 bottle = 30-day supply

CIRCLE 1
Mixed fruit Strawberry



CALCIUM WITH VITAMIN D
Bariatric Advantage Calcium
Chewy Bite 500s
1 bag = 30-day supply

CIRCLE 1
Raspberry Chocolate
Caramel Tropical Orange



OPTIFAST PRODUCTS
2 products per day
Mix and match flavors

CHOOSE 28 TOTAL:
Vanilla: _____
Chocolate: _____
Strawberry: _____
Tomato Soup: _____
Chicken Soup: _____
Vegetable Soup: _____

NECTAR SHAKES
2 shakes per day (mix 1 packet with 8
ounces of water = 1 meal)

CHOOSE 29 TOTAL:
Lemonade: _____
Fuzzy navel: _____
Kiwi strawberry: _____
Cherry: _____

TOTAL PRICE: \$325 VALUE FOR \$250

Name: _____

Date of Birth: _____

Provider: _____

Office use only: CPT: 1642Z MRN:
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For more information, call 205.934.7053.