

NON-ABLATIVE SKIN RESURFACING

Sublative and 1540nm non-ablative laser treatments are two of the most effective light modalities that address both tone and texture of the skin, reducing wrinkles, acne scarring, melasma, and aged, dull complexions for all skin types.

BENEFITS

- Minimal downtime treatment to address wrinkles, scars, and pigmentation
- Any area of the body can be treated.
- Even out skin tone to produce radiant skin

HOW IT WORKS

The Elos Sublative Technology utilizes radiofrequency energy to create deep epidermal and dermal treatment zones that lead to collagen production and retexturizing of the skin. The radiofrequency technology makes it safer for darker skin types and offers better improvement of deeper pigment in the skin. The Icon 1540nm non-ablative laser uses light energy, but a contact cooling device pushes the light energy into the deep epidermal and dermal layers of the skin to produce collagen, retexturize the skin, and reduce pigment, similar to the sublative system.

WHAT TO EXPECT

Most patients tolerate the treatment without comfort measures. However, a numbing cream can be applied before if desired. The sensation can be likened to snapping a hot rubber band on the skin. Occasionally patients can experience slight redness and some mild puffiness that will subside over the next 12-72 hours. Very rarely, patients can have blistering, dyspigmentation, and scarring from these treatments. Choosing the right provider that uses the right setting and device for your skin type can help avoid such complications.

WHEN TO RESUME NORMAL ACTIVITIES

You may resume your normal activities immediately following the procedure, including applying makeup.

RESULTS

Over the week following the treatment, the skin takes on a younger, more refreshed look, with less pigmentation, fewer wrinkles, and less scarring.

RECOMMENDED SESSIONS

We recommend 3-9 sessions one month apart. Wrinkles tend to recur as we age, so maintenance every 12 months can prevent wrinkles from returning. This treatment can be paired with IPL photorejuvenation, dermal fillers, dermaplaning, and Hydrafacials or a light chemical peel to remove the dead surface.

POSSIBLE DOWNTIME

- Possible swelling around the treated area for 12 - 72 hours
- Enhanced pigmentation resembling coffee grounds that can last up to 10 days

POST-TREATMENT CARE

- Wear sunscreen and avoid sun exposure to reduce recurrence of pigmentation.
- Use an emollient like Biocream or MicroNight. Serums like TNS Essential Serum lead to better results and will allow results to last longer.
- On day 2, you may do a light exfoliation with a Clarisonic brush or washcloth.