

For laser hair removal, we offer the most up-to-date technology to effectively reduce hair with very little discomfort. The Icon IPL MaxY and MaxG laser hair removal systems are some of the most powerful on the market. The Elos Diode uses not only light energy but also radiofrequency energy to destroy hair follicles, with better safety and less pain. The NdYag laser is the safest most effective laser for hair removal on skin of color.

BENEFITS

- No-downtime treatment to address unwanted hair
- Any area of the body can be treated

HOW IT WORKS

The IPL, Elos Diode, and NdYag devices are treatments that deliver pulses of light to the targeted baring areas, such as coarse, dark brown hair. This light is converted to heat energy, which destroys or miniaturizes the hair follicle without hurting the surrounding skin. This is called selective photothermolysis. At any point in time, only 40-80% of your hair follicles in an area are growing. For the light to be effective at treating the hair follicle, it must be growing. This is why repeated treatments are needed to help maximize hair reduction.

WHAT TO EXPECT

The patient is required to arrive with the area freshly shaven, and the treatment time can be anywhere from 10 minutes to 1 hour or more depending on the size of the area.

Most patients tolerate the treatment without comfort measures. However, a numbing cream can be applied before if desired. The sensation can be likened to snapping a hot rubber band on the skin. Occasionally patients can experience slight blotchiness and perhaps some mild puffiness that will subside over the next 12 hours.

Patients may find that their hair follicles are more defined and sometimes red immediately following the treatment. Some hair may fall out the day of or up to two weeks after the treatment. Repeated treatments result in less hair and finer/thinner hair.

WHEN TO RESUME NORMAL ACTIVITIES

You may resume your normal activities immediately following the procedure, including applying makeup.

RESULTS

You will notice less hair growth and slower hair growth almost immediately after the first treatment. However, after 6-12 treatments depending on your skin type, there is an 80% or greater reduction in hair.

RECOMMENDED SESSIONS

We recommend 6-12 sessions one month apart. More single sessions can be performed if any hair growth returns.

POSSIBLE DOWNTIME

- Possible swelling around the treated area for 12 - 24 hours, but most have no downtime
- Enhanced pigmentation resembling coffee grounds that can last up to 10 days

POST-TREATMENT CARE

- Apply sunscreen, as your skin is temporarily more sensitive to the sun.
- Avoid shaving the treated area for 48 hours after the treatment.
- Avoid working out for 24 hours following the procedure.