Volume loss is a hallmark of the aging process. As we age, our face loses bone, fat, elastin, and collagen under the skin, especially in fit individuals. A young face is defined by facial fullness, not simply tightness of skin. Hyaluronic acid, calcium hydroxyapatite, and polylactic acid dermal fillers replace the lost volume due to age or weight loss. Women and men can trust our experienced doctors to restore lost volume, resulting in a natural, more youthful look with the dermal filler treatments.

**HYALURONIC ACID FILLERS**
- Belotero
- Juvederm
  - Voluma
  - Vollure
  - Volbella
- Restylane
  - Perlane
  - Refine
  - Define

**CALCIUM HYDROXYAPATITE FILLERS**
- Radiesse

**POLYLACTIC ACID FILLERS**
- Sculptra®

**BENEFITS**
- Non-surgical, with immediate, natural results
- Minimal downtime
- Reversible

**HOW IT WORKS**
The UAB Cosmetic Dermatology and Laser Clinic offers a variety of natural dermal fillers to address all types of volume deficiencies, facial lines, and folds. Our highly trained physicians will work with you to determine which type of filler and placement technique is right for you. Hyaluronic acid, the gel found in our skin, is the most popular filler in the world. Examples of different hyaluronic acid brands include Belotero, Juvederm, and Restylane.

**WHAT TO EXPECT**
Your visit for this treatment can take up to an hour depending on the complexity of the session. Comfort measures are available if necessary, and due to the nature of the treatment, bruising and swelling is always a possibility.

**WHEN TO RESUME NORMAL ACTIVITIES**
You may resume normal activities immediately following the treatment. We recommended avoiding activities such as a facial massage or vigorous exercise for 48 hours following a dermal filler treatment.

**RESULTS**
Dermal filler results are evident immediately. However, as the products settle, the natural results are boosted even more. Dermal fillers are only meant to address volume loss, not skin laxity or texture irregularities. When someone tries to correct all signs of aging with fillers, this looks unnatural. Many of our patients pair dermal fillers with treatments such as ThermiSmooth, Pelleve, Thermage, BOTOX, IPL, and/or Fraxel to ensure that texture, tone, tightening, and volume in the face are all optimal, leading to the most natural results. A good skincare routine can also help maintain results.