A chemical peel is one of the most cost-effective ways to improve the appearance of your skin. The potential results depend on the type of ingredients and technique used. At the UAB Cosmetic Dermatology and Laser Clinic, we can pick the best ingredients for your particular skin type and condition.

- **Medium-depth peel** ........................................ $500
- **Superficial peels** ........................................ $125
- **Dermaplaning add-on prepeel** .......................... $75
- **Hydrafacial** .................................................. $150
- **VI Precision Plus** ........................................ $300
- **VI Purify Precision Plus** ................................ $300
- **Hydrafacial x 4** ........................................... $400
- **Vitalize** .................................................. $155
- **Rejuvenize** ........................................... $200

**CHEMICAL PEELS**

A chemical peel uses a solution to improve the texture and tone of your skin by removing the damaged outer layers. Although chemical peels are used mostly on the face, they can also be used to improve the skin on your neck and hands. Sun exposure, acne, or simply getting older can leave your skin tone uneven, wrinkled, spotted, or scarred.

- **1 Lesion** .................................................. $50
- **1-10 Lesions** ............................................... $150
- **11 or more** ................................................ $200
- **Acne Surgery** ............................................... $200

**COOLSCULPTING**

The CoolSculpting fat-freezing procedure is the only FDA-cleared, non-surgical fat-reduction treatment that uses controlled cooling to eliminate stubborn fat that resists all efforts through diet and exercise. The results are proven, noticeable, and lasting. You can achieve even better results when this is combined with our skin-tightening devices.

- **Cool mini under chin** ................................... $1,000
- **Cool 1 Cycle** ............................................. $750
- **Cool 2 Cycles** ........................................... $1,500
- **Cool 3 Cycles** ........................................... $2,100
- **Cool 4 Cycles** ........................................... $2,700
- **Cool 5 Cycles** ........................................... $3,200
- **Cool 6 Cycles** ........................................... $3,800
- **Cool 7 Cycles** ........................................... $4,200
- **Cool 8 Cycles** ........................................... $4,500
- **Cool 9 Cycles** ........................................... $4,800
- **Cool 10 Cycles** ......................................... $5,000
- **Cool 11 Cycles** ......................................... $5,500
- **Cool 12 Cycles** ......................................... $6,000
- **Cool 13 Cycles** ......................................... $6,500
- **Cool 14 Cycles** ......................................... $7,000
- **Cool 15 Cycles** ......................................... $7,500
**PROCEDURES**

**FRAXEL RESTORE/DUAL – RESURFACING**
The Fraxel Dual laser treats uneven (or blotchy) pigmentation commonly associated with sun spots, melasma, and even pre-cancerous conditions, such as actinic keratoses, which manifests itself in small, rough patches of skin. The Fraxel Dual has the unique benefit of two separate treatment modes that target different skin layers by using different laser frequencies. The 1550 frequency penetrates deep into the dermal layers of the skin to specifically target aging skin concerns such as deep pigment, wrinkles, and acne scarring. The 1927 laser frequency targets the epidermal skin layers to improve skin tone, texture, and smoothness.

- Fraxel – restore face .................................. $1,000
- Fraxel – restore neck .................................. $500
- Fraxel – restore chest .................................. $600
- Fraxel – restore hands .................................. $500
- Fraxel – restore face x 3 ................................ $2,700
- Fraxel – restore neck x 3 .............................. $1,200
- Fraxel – restore chest x 3 .............................. $1,500
- Fraxel – restore hands x 3 .............................. $1,200
- Fraxel – restore hands and arms x 3 ................. $2,700

**FRAXEL REPAIR – RESURFACING**
The Fraxel repair laser is used to treat severe acne scars, wrinkles and fine lines, hyperpigmentation, or other visible skin damage due to the sun, aging, or trauma. The laser works by vaporizing a very small portion of the skin in the treatment area. This micro skin damage caused by the laser stimulates the body’s immune system to repair the damage. In the process, new healthy skin cells are produced, along with additional collagen fibers that improve the skin’s support network, leading to healthier, smoother skin and more even skin tone and texture.

- Fraxel – repair face .................................... $4,000
- Fraxel – repair neck .................................... $4,000
- Fraxel – repair chest ................................... $2,400
- Fraxel – repair face and neck ......................... $5,000
- Fraxel – repair face, neck & chest ..................... $6,000
- Peri-orbital, peri-oral .................................. $1,000

**NON-ABLATIVE RESURFACING**
Non-Ablative resurfacing is for patients concerned about wrinkles, fine lines, acne scars, and irregular skin texture, but don’t want the downtime associated with traditional resurfacing. These treatments target imperfections in the skin while reducing the impact on the surrounding healthy tissue by removing fractions of old skin by creating precise micro treatment zones in the dermis that is deeper than the epidermis, therefore no peeling results and the treatment is safe for all skin types. We have both the Elos Sublative for skin types 1-6 and the Icon 1540 safe for skin types 1-5.

- Sublative/1540 .......................................... $700
- Sublative/1540 x 3 ..................................... $1,500
- Sublative/1540 peri-ocular treatment ................. $300
- Sublative/1540 peri-ocular or peri-ocular, spot treatment x 3 . $575
- Sublative/1540 abdomen for striae distensae .......... $600
- Sublative/1540 abdomen for striae distensae x 3 $1,500

**ICON 2940 FRACTIONAL ABLATIVE RESURFACING**
The Icon 2940 us used to treat severe acne scars, wrinkles and fine lines, hyperpigmentation, and other signs of sun damage, aging or trauma similar to the Fraxel devices. However compared to the Fraxel Repair it has significantly less downtime with great results. The Er:YAG beam gently removes the old skin with precise micro-ablated channels and then finally, the skin is that is ablated results in a light to deep peeling that removes superficial imperfections depending on the strength of treatment. The laser’s flexibility enables us to fine-tune treatments based on your specific skin condition, ranging from a light peel to deep collagen remodeling with little downtime to one week of downtime.

- 2940 Resurfacing – face ................................ $3,000
- 2940 Resurfacing – neck and chest ..................... $3,000

**THERMAGE**
Thermage is a radiofrequency treatment that transforms skin by working deeper below the surface than most other radiofrequency devices. The benefits include the smoothing of wrinkles or uneven skin, better definition of facial features around the eyes, jaw, and neckline, and even the smoothing and toning of unsightly bulges, dimples, and wrinkles on the face and body. It does not require a series of treatments to see lasting results.

- Thermage face .......................................... $2,000
- Thermage cheeks and lower face ....................... $1,500
- Thermage jawline ....................................... $1,200
- Thermage pericircular – eyes ......................... $800
- Thermage abdomen .................................... $2,500
- Thermage both arms .................................... $2,500
- Thermage both legs ..................................... $2,500

**MICroneedling**
Microneedling is a procedure that causes controlled micro-injuries to the skin to stimulate your body’s natural wound healing process. This results in effective remodeling of scar tissue, fine lines, and wrinkles. The overall skin is kept intact leading to minimal down time. This procedure may be paired with PRP (Platelet Rich Plasma) to help the skin repair itself and stimulate collagen production.

- Microneedling ........................................... $300
- Microneedling x 3 ...................................... $800

**PLATELET RICH PLASMA**
PRP is a procedure that utilizes platelets and associated growth factors to stimulate the healing process. A simple blood draw is taken from the patient and is then placed in a centrifuge machine that separates the platelet rich plasma portions. It has been proven to be effective in a broad range of applications including certain types of hair loss, skin rejuvenation, anti-aging, and acne scarring.

- PRP add on ............................................. $250
- PRP add on x 3 .......................................... $600
- Scalp PRP ................................................ $550

**THERMISMOOTH**
ThermiSmooth can be used on the face or body and targets the areas under the skin using radiofrequency energy to tighten the skin, produce collagen, and reduce cellulite. It requires a series of applications over 6-8 weeks that are gentle and feel like receiving a warm massage.

- Eyes ....................................................... $300
- Face ....................................................... $300
- Neck ....................................................... $300
- Arms ....................................................... $300
- Chest ...................................................... $400
- Abdomen (fm) .......................................... $400
- Abdomen (lg) ............................................ $500
- Flanks ..................................................... $500
- Anterior thighs ......................................... $600
- Posterior thighs ........................................ $600
- Knees ...................................................... $400
- Package of 3 – facial and neck tightening ........... $1,500
- Sublime Infrared tightening add-on x 3 .............. $600

**LEG VEIN TREATMENTS**
Sclerotherapy
Sclerotherapy is a medical procedure used to eliminate varicose veins and spider veins. Sclerotherapy involves an injection of a solution directly into the vein. The solution irritates the lining of the blood vessel, causing it to collapse and stick together and the blood to clot. Over time, the vessel turns into scar tissue that fades from view. We also use a laser to tidy up tiny vessels that are too small for injections.

- Sclerotherapy – 1 leg .................................. $250
- Sclerotherapy – 2 legs .................................. $400
- Sclerotherapy with laser – 1 leg ....................... $300
- Sclerotherapy with laser – 2 legs ..................... $450
- Extensive Sclerotherapy with laser – 2 legs .......... $575

**EARLOBE REPAIR**
We can repair earlobes that have been split, torn, or stretched by heavy earrings. This procedure includes the re-piercing after you are fully healed.

- Single earlobe repair, simple ......................... $250
- Bilateral earlobe repair, simple ....................... $450
- Single earlobe repair, complex ....................... $400
- Bilateral earlobe repair, complex ..................... $650

<table>
<thead>
<tr>
<th>ORDER OF TREATMENTS</th>
<th>DOWNTIME</th>
<th>TIME BETWEEN TREATMENTS</th>
<th>COST</th>
</tr>
</thead>
</table>
| Fraxel – restore face | 3 days   | 3 treatments            | $1,000
| Fraxel – restore neck | 3 days   | 3 treatments            | $500
| Fraxel – restore chest | 6 days   | 3 treatments            | $600
| Fraxel – restore hands | 6 days   | 3 treatments            | $500
| Fraxel – restore face x 3 | 3 days | 3 treatments            | $2,700
| Fraxel – restore neck x 3 | 3 days | 3 treatments            | $1,200
| Fraxel – restore chest x 3 | 3 days | 3 treatments            | $1,500
| Fraxel – restore hands x 3 | 3 days | 3 treatments            | $1,200
| Fraxel – restore hands and arms x 3 | 3 days | 3 treatments            | $2,700
| ThermoSmooth – 3 – facial and neck tightening | 3 days | 3 treatments            | $1,500
| Sublime Infrared tightening add-on x 3 | 3 days | 3 treatments            | $600
| Sclerotherapy – 1 leg | 3 days   | 3 treatments            | $250
| Sclerotherapy – 2 legs | 3 days   | 3 treatments            | $400
| Sclerotherapy with laser – 1 leg | 3 days | 3 treatments            | $300
| Sclerotherapy with laser – 2 legs | 3 days | 3 treatments            | $450
| Extensive Sclerotherapy with laser – 2 legs | 3 days | 3 treatments            | $575

**PRP**
PRP is a procedure that utilizes platelets and associated growth factors to stimulate the healing process. A simple blood draw is taken from the patient and is then placed in a centrifuge machine that separates the platelet rich plasma portions. It has been proven to be effective in a broad range of applications including certain types of hair loss, skin rejuvenation, anti-aging, and acne scarring.

- PRP add on ............................................. $250
- PRP add on x 3 .......................................... $600
- Scalp PRP ................................................ $550
COSMECEUTICALS

EVERY DAY AM

☐ Neocutis Journee .................................................. $189
☐ Neocutis MicroDay ............................................... $166
☐ SkinMedica Essential DMS .................................. $38
☐ Skin Medica Essential DMS Tinted ......................... $38
☐ Elta MD UV Clear ............................................... $32.50
☐ Elta MD UV Elements - tinted ................................ $33
☐ Elta MD UV Clear - tinted ..................................... $34.50
☐ Elta MD UV Daily ................................................ $28.50
☐ Elta MD UV Daily Tinted ...................................... $31.00
☐ Elta MD UV Physical Tinted ................................. $31.00

GROWTH FACTOR/PEPTIDES

☐ SkinMedica TNS Essential Serum ......................... $281
☐ Neocutis Bio serum Firm ..................................... $235
☐ UAB’s Dermal Restructuring Therapy ..................... $130

ANTI-AGING HYDRATORS

☐ SkinMedica HAS ..................................................... $178
☐ Elta MD Laser Enzyme Gel .................................... $16
☐ SkinCeuticals HA Intensifier ................................. $98

ANTI-AGING MOISTURIZERS

☐ Neocutis Biocream ............................................... $160
☐ SkinMedica TNS Recovery Complex ....................... $179
☐ Neocutis MicroNight ........................................... $199
☐ SkinMedica TNS Ceramide Treatment Cream .......... $69
☐ UAB’s Restorative Moisturizer ............................. $84
☐ SkinCeuticals Triple Lipid Restore ......................... $127
☐ Skin Medica Ultra Sheer Moisturizer ...................... $58

Cleansers

☐ SkinMedica Facial Cleanser .................................. $38
☐ Neocutis NeoCleanse .......................................... $38
☐ UAB’s Green Tea Cleanser .................................. $31
☐ UAB’s Gly/Sal Foaming Cleanser ......................... $29
☐ SkinCeuticals Replenishing Cleanser .................... $34
☐ ZO Gentle Cleanser ............................................ $45
☐ Epionce Lytic Gel Cleanser ................................ $36
☐ Skin Medica AHA/BHA Cleanser ......................... $46

Toners and Acne

☐ SkinMedica Rejuvenating Toner .......................... $38
☐ UAB’s Gly/Sal Pads .............................................. $23
☐ UAB’s Benzoyl Peroxide 5% Gel and Cleanser .... $15.50
☐ SkinCeuticals Blemish + Age Defense ................... $90

Toners and Acne

☐ ZO Rozatrol ........................................................ $88
☐ Skin Ceuticals Phyto Corrective Gel ..................... $67

Retinols

☐ ZO BrightenX 0.25% ........................................... $82
☐ ZO BrightenX 0.5% ............................................. $104
☐ ZO BrightenX 1% ................................................. $120
☐ UAB’s Retinol Smoothing Serum 2x ...................... $60
☐ UAB’s Retinol Smoothing Serum 5x ..................... $72
☐ UAB’s Retinol Smoothing Serum 10x .................... $84

Retinol Alternative for Aging and Acne

☐ Skin Ceuticals Retexturing Activator .................... $82
☐ Skin Ceuticals Glycolic 10 Renew ........................ $80

Hair

☐ Viviscal Pro ......................................................... $60

Lightening/Brightening - Pigmentation

☐ SkinMedica Lytera 2.0 ......................................... $154
☐ ZO Melamix ......................................................... $64

Lightening/Brightening - Pigmentation, continued

☐ Glo Brightening Serum ......................................... $50
☐ SkinCeuticals Discoloration Defense .................... $98
☐ Cypera ............................................................... $165

Antioxidants

☐ SkinCeuticals C E Ferulic .................................... $165
☐ SkinCeuticals Phloretin CF ................................ $165

Body

☐ UAB’s Glycolic Body Lotion ................................ $34
☐ UAB’s Green Tea Body Lotion ............................. $46
☐ Epionce Enriched Body Cream ........................... $39
☐ Epionce Medical Barrier Cream ......................... $46

Eyes

☐ Neocutis MicroEyes ............................................ $106
☐ Neocutis Lumiere ................................................ $97
☐ SkinMedica TNS Illuminating Eye Cream ............ $92
☐ UAB’s Eye Brightening Cream ............................ $92
☐ Latisse Jml ......................................................... $168.50
☐ Latisse Sm ........................................................ $218.50
☐ SkinCeuticals A.G.E Eye Complex ...................... $97

Lips

☐ SkinMedica HA5 Plump Lip System ..................... $68

Neck

☐ Neocutis NeoFirm ................................................ $135
☐ Revision NectiFirm .............................................. $89
☐ UAB’s Neckletage ............................................... $84

Systems/Kits

☐ UAB’s Acne Clearing Kit ................................... $118
☐ Bio Cellulose Sheet Masque ............................... $20
☐ Epionce Essential Recovery Kit ......................... $32

Face and Body Sunscreens

☐ Elta MD UV Aero ................................................ $31.50
☐ Elta MD UV Spray ................................................ $30.50
☐ Elta MD UV Sport ............................................... $47.50

Scar Treatment

☐ SkinMedica Scar Recovery Gel 0.5 oz ................... $44
☐ SkinMedica Scar Recovery Gel 2 oz ................. $102

TOTAL: _________________________________

SELECTED ITEMS

1. 
2. 
3. 
4. 

TOTAL: _________________________________
Dr. Tiffany Mayo
Assistant Professor
Director of Dermatology, Clinical Research
Tiffany Mayo, MD, is a board-certified dermatologist with a passion for skin health. She completed her dermatology training at UAB and has a background in clinical research. Dr. Mayo has a special interest in ethnic skin, hair loss, acne, anti-aging, laser hair removal, and issues involving skin pigmentation. She has furthered her expertise by working with renowned leaders in these areas and has published articles in several scientific journals. A wife and mother, Dr. Mayo grew up in Alabama and is committed to giving back to the community through service and education.

Dr. Lauren Kole
Assistant Professor
Residency Program Director
Lauren Kole, MD, grew up in Carolina Beach, NC, and graduated from Duke University with degrees in chemistry and biology. She attended medical school at the University of North Carolina at Chapel Hill, where she was elected into the Alpha Omega Alpha honor society, and she completed her internship in internal medicine at UNC Hospitals. Subsequently, Dr. Kole fulfilled her dermatology training at the University of Alabama at Birmingham, where she served as chief resident and was awarded the Walter P. Little Award for Excellence in Dermatology.

Dr. Kole next joined the Yale University Department of Dermatology as an assistant professor. In 2018, she returned to UAB to join the faculty and become the director of the dermatology residency training program. She is board-certified by the American Board of Dermatology and sees patients for both medical and cosmetic dermatology issues. She is an active member of multiple dermatology organizations, including the American Academy of Dermatology, the American Acne and Rosacea Society, and the Women's Dermatologic Society. Dr. Kole has authored articles in peer-reviewed journals and textbooks and has presented at meetings regionally and internationally. She lives in the Birmingham area with her husband, Adam Kole, MD, PhD, a radiation oncologist, and their daughter.