

UAB Vein Clinic - Patient Questionnaire

Please take a moment to consider the following questions. If you answer yes, when indicated, please rate how important the response is to your quality of life and activities of daily living.

Name _____ DOB _____ Date _____

How did you hear about us? (Please indicate by circling the letter for the appropriate response)

A. Physician referral; name of physician: _____

B. Word of mouth

C. Insurance company: _____

D. Other: _____

DOES your leg have:

| | | | | | | |
|--------------------|------|----------|------|------------|------------------|--------------|
| Pain | none | a little | some | a good bit | most of the time | all the time |
| Aching | none | a little | some | a good bit | most of the time | all the time |
| Throbbing | none | a little | some | a good bit | most of the time | all the time |
| Heaviness | none | a little | some | a good bit | most of the time | all the time |
| Night cramps | none | a little | some | a good bit | most of the time | all the time |
| Leg Tiredness | none | a little | some | a good bit | most of the time | all the time |
| Leg Swelling | none | a little | some | a good bit | most of the time | all the time |
| Skin Discoloration | none | a little | some | a good bit | most of the time | all the time |
| Skin Rash | none | a little | some | a good bit | most of the time | all the time |
| Ulcers/ Sores | none | a little | some | a good bit | most of the time | all the time |
| Itching | none | a little | some | a good bit | most of the time | all the time |
| Appearance | none | a little | some | a good bit | most of the time | all the time |

Do you use over-the-counter pain medication for leg discomfort?

No Yes (If yes, specify type of medication _____)

If you have swelling, please circle most appropriate: none evening only afternoon morning

Do you use compression stockings?

No Yes (If yes, specify type of stocking _____ duration of use _____)
 (circle most appropriate: none intermittent most days fully comply)

What makes the symptoms better?

Rest Elevation Stockings Massaging Walking Changing positions

What makes the symptoms worse?

Standing Menstrual cycle Walking/exercise Prolonged sitting

Did you notice a change in your veins following? (Circle)

Leg injury Pregnancy Medication Surgery Blood clot in leg

Describe the veins in your legs (circle)

Rope-like spider veins blue lines knots

Have you ever had any of the following problems related to your leg veins?

| | | | | | |
|---------------------------------------|---|---|-------------------------------------|---|---|
| Clot in leg vein (DVT) | N | Y | Inflammation of vein ("Phlebitis")? | N | Y |
| Clot in your lung (Pulmonary Embolus) | N | Y | Venous related ulcers? | N | Y |
| Spontaneous rupture of vein | N | Y | | | |

Do you have a family history of (circle):

- a. Varicose vein problems
- b. Phlebitis (inflammation of a vein)
- c. Blood clots (DVT or Pulmonary Embolus)
- d. Leg ulcer

Have you ever had any of the following medical problems?

| | | |
|------------------------------------|---|---|
| Clotting disorder? | N | Y |
| Need for blood thinner medication | N | Y |
| Leg trauma? | N | Y |
| Obesity? | N | Y |
| Major trauma? | N | Y |
| Prolonged immobility (any reason)? | N | Y |
| Thrombocytopenia? | N | Y |

Do you work? No Yes (If yes, specify type of work _____)

Does your work require:

- a. Prolonged standing position N Y
- b. Prolonged sitting position N Y

In the course of a normal day, how much time is spent in a standing position during the day?

- a. 10% of the day
- b. 20% to 30%
- c. 30% to 50%
- d. More than 50%

Due to the symptoms above are you limited in any of the following activities?

| | | | | | | |
|--------------------|------|----------|------|------------|------------------|--------------|
| Work | none | a little | some | a good bit | most of the time | all the time |
| Housework | none | a little | some | a good bit | most of the time | all the time |
| Walking | none | a little | some | a good bit | most of the time | all the time |
| Shopping | none | a little | some | a good bit | most of the time | all the time |
| Sports or Hobbies | none | a little | some | a good bit | most of the time | all the time |
| Social limitations | none | a little | some | a good bit | most of the time | all the time |

Due to Social embarrassment, do you limit any of the following activities?

| | | | | | | |
|--------------------|------|----------|------|------------|------------------|--------------|
| Sport | none | a little | some | a good bit | most of the time | all the time |
| Exercise | none | a little | some | a good bit | most of the time | all the time |
| Leisure Activities | none | a little | some | a good bit | most of the time | all the time |
| Job choices | none | a little | some | a good bit | most of the time | all the time |
| Clothing choices | none | a little | some | a good bit | most of the time | all the time |

Have you had vein evaluations in the past elsewhere?

No Yes (If yes, where? _____ when? _____)

Have you had prior procedures or operations on the veins of your legs?

No Yes
(If yes, where? _____ when? _____ what? _____)

What are your expectations for today's visit?

- A. Evaluate leg pain and/or swelling
- B. To learn more about my vein problem
- C. To learn about surgical options for varicose veins.
- D. To learn about cosmetic options for spider veins.
- E. Other _____

Do you have any other concerns about your veins that need to be addressed during your visit today?
