

Welcome to the UAB Vein Clinic Ultrasound Specialty Lab which is part of the Department of Vascular Surgery and Endovenous Therapies located in the UAB Highlands Hospital. We are pleased that you have chosen the UAB Health Systems to provide your medical care and we look forward to serving you.

**This letter is designed to assist you in preparing for your Doppler ultrasound test.**

Your Doppler Ultrasound appointment is scheduled on \_\_\_\_\_ UAB Vein Clinic on the 3<sup>rd</sup> floor of the UAB Highlands Hospital.

A Doppler Ultrasound will look at how your leg veins are functioning. This study is noninvasive and usually pain free. The results of this study will be reviewed with you during your clinic appointment. If there are any urgent results, you will be notified sooner.

Before your ultrasound appointment:

- It is OK to eat and drink and take your medications as usual
- You will be able to drive yourself to and from this appointment. No sedation is used
- Please plan to arrive at your ultrasound appointment at least 20 minutes before the scheduled appointment time, giving you time to change, use the restroom or finish any paperwork.
- The study can take up to 60 minutes

Day of your ultrasound appointment:

- Please arrive at least 20 minutes before the scheduled time, giving you time to change, use the restroom and finish any paperwork.
- When you are called back to the ultrasound room, you will be asked to change into paper shorts.
- The room will be dark, which helps the ultrasound specialist visualize your veins clearly.
- A clear water-based gel will be used on your skin during the study.
- The Ultrasound specialist will look at your legs in a sitting and standing position, occasionally applying pressure to your legs.
- You will hear a variety of sounds, which are all part of the study.
- Once the study is complete, you will be given the opportunity to change back into your clothes.
- Our ultrasound specialist is a very knowledgeable vein clinic team member, however they cannot comment on the results of the study. The results of the study will be explained to you at your clinic appointment with the vascular surgeon or nurse practitioner.

**UAB Vein Clinic address:      UAB Highlands    (Not at the Kirklin Clinic)  
1201 11<sup>th</sup> Ave South  
Suite 301 (3<sup>rd</sup> floor)  
Birmingham, AL 35205**

**Phone number: 205-996-8346      Fax number: 205-930-8592**

**Email address:      uabveinclinic@uabmc.edu**

**Web site address:** [www.UABmedicine.org/vein](http://www.UABmedicine.org/vein)