We invite you to participate in a research study to help us understand the impact of expressive emotional writing on emotional well-being and activity participation in adults living with acquired spinal cord injury.

Our study involves your participation in ten 60 minute weekly expressive emotional writing sessions and completion of questionnaires and an exit interview.

Compensation up to $100 will be provided for participating in the study.

If you are interested or want to know more, please contact Lauren at laurenme@uab.edu.