

# UAB WOMEN AND INFANTS SERVICES GUIDELINES FOR SAFE CARE DURING COVID-19

## GUIDELINES FOR COVID-19 NEGATIVE PATIENTS

### Labor and Delivery

COVID-19 negative mothers may have one support person. This person is selected by the patient and is allowed to stay with the patient. Support persons must be screened for COVID-19 upon entering the facility and must also wear a mask or face covering at all times while in the hospital. This person may remain with the mother for the duration of her stay. Outside of the one approved caregiver, no additional outside visitors are allowed at this time.

### Mother Baby Unit

COVID-19 negative mothers may have one support person. Support persons must be screened for COVID-19 upon entering the facility and daily. Support persons must also wear a mask or face covering at all times while in the hospital.

## GUIDELINES FOR COVID-19 POSITIVE PATIENTS

### Labor and Delivery

COVID-19 positive mothers may not have a support person during labor and delivery. We take the mother's and her family's safety very seriously. The labor process can put a support person at increased risk for transmission of the COVID-19 virus. Our staff wear specialized protective equipment during this stage of labor to protect themselves and others. It is important that mother and baby have a healthy support person upon returning home. We offer a variety of virtual support options.

### Mother Baby Unit

COVID-19 positive mother may not have a support person during the post-partum period. Baby will be able to room in with mother to assist with successful bonding and breastfeeding. Our staff will educate mother on how to protect her baby from transmitting COVID-19 during this period. We offer a variety of virtual visit options. It is important that the support person remain healthy and COVID-19 free in order to assist with care when mother and baby return home.

### Our Commitment to Safe Care

We are committed to providing the safest care possible during this unprecedented time. We continually review evidence regarding COVID-19 and pregnancy. Thank you for entrusting us with your care.