

LABOR AND DELIVERY VISITATION GUIDELINES FOR LABORING PATIENTS DURING COVID-19

As part of our screening process for admission to labor and delivery, all patients will undergo COVID-19 nasopharyngeal PCR testing regardless of symptoms. During this period, patients will be allowed one (1) designated support person to stay with them until testing is finalized. All support persons must:

- Undergo screening for exposure or symptoms of COVID-19 at point of entry
If at any time the support person begins to exhibit symptoms of COVID-19, they will be asked to seek medical care, if needed and will be required to leave the hospital and isolate in their home.
- Wear a mask that covers their mouth and nose for the duration of their stay
- Sanitize hands when entering or leaving patient's room

GUIDELINES FOR COVID-19 NEGATIVE PATIENTS

Labor and Delivery

Patients who are confirmed as COVID-19 negative will be allowed one (1) designated support person to stay with them during labor and delivery. The support person will be required to:

- Undergo screening for exposure or symptoms of COVID-19 at point of entry
- Wear a mask that covers their mouth and nose for the duration of their stay
- Sanitize hands when entering or leaving patient's room

Mother Baby Unit

COVID-19 negative mothers may have one support person. Support persons must be screened for COVID-19 upon entering the facility and daily. Support persons must also wear a mask or face covering at all times while in the hospital.

GUIDELINES FOR COVID-19 POSITIVE PATIENTS

Labor and Delivery

Patients who are confirmed to have COVID-19 are considered infectious and will be allowed one (1) designated support person to stay with them during labor and delivery. The support person will be required to:

- Undergo screening for exposure or symptoms of COVID-19 at point of entry to the hospital.
If at any time the support person begins to exhibit symptoms of COVID-19, they will be asked to seek medical care, if needed and will be required to leave the hospital and isolate in their home.
- Wear a mask that covers their mouth and nose at all times
- Maintain proper hand hygiene
- Maintain at least 6-foot distance from staff as much as possible.
- Remain restricted to the patient's room. If the support person chooses to leave the room, they will not be allowed re-entry.
- Will be required to leave after delivery

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Mother Baby Unit

COVID-19 positive mother may not have a support person during the post-partum period. Baby will be able to room in with mother to assist with successful bonding and breastfeeding. Our staff will educate mother on how to protect her baby from transmitting COVID-19 during this period. We offer a variety of virtual visit options. It is important that the support person remain healthy and COVID-19 free in order to assist with care when mother and baby return home.

CESAREAN DELIVERY IN ALL PATIENTS

Should a patient require Cesarean delivery, the one (1) designated support person is required to:

- Wait in the patient's room until brought to the operating room by staff.
- Remove personal protective equipment (PPE) prior to entering the operating room and don appropriate PPE for the operating room as directed by staff.
- Follow direction of Anesthesia/Obstetrics/Nursing staff at all times.
- Maintain social distancing standard of 6 feet from staff as much as possible.
- Patients who are COVID-19 positive and require cesarean delivery may not have a support person in the operating room.

OUR COMMITMENT TO SAFE CARE

We are committed to providing the safest care possible during this unprecedented time. We continually review evidence regarding COVID-19 and pregnancy. Thank you for entrusting us with your care.