Vaginal Repair Procedures

**Technique**
Procedure involves the repair of the walls of the vagina to prevent prolapse (protruding out of the vagina). The procedure may be called an anterior repair when fixing a cystocele or a posterior repair when repairing a rectocele.

**Incisions**
An incision is made in the vagina at the site of the defect for this procedure. No abdominal incisions are required.

**Operative Time**
Operative times vary greatly depending on the findings at the time of surgery. Your surgeon will proceed with safety as his/her first priority. Average times range from 45-60 minutes.

**Anesthesia**
- Spinal anesthesia or
- General anesthesia

**Preoperative Care**
- Nothing by mouth after midnight
- You may be asked to do a bowel preparation on the evening prior to your procedure.

**Hospital Stay**
Inpatient stay for 1-2 days after the surgery

**Postoperative Care**
These guidelines are intended to give you a general idea of your postoperative course. Since every patient is unique and has a unique procedure, your recovery may differ.
- Anti-inflammatory pain medicine is usually required for the first several days to manage soreness and inflammation.
- Narcotic pain medicine will be provided to assist with the discomfort from the incisions.
- We recommend that anti-inflammatory medications, such as ibuprofen, naproxen, etc., be used on a scheduled (regular) basis and that narcotic pain medicine be utilized on an "as needed" basis.
- Driving is allowed after your procedure only when you do not require the narcotic pain medicine to manage your pain.
- Patients may return to work in 4-6 weeks following the procedure.
- Nothing in the vagina for 6 weeks.