

Vaginal Repair Procedures

Technique

Procedure involves the repair of the walls of the vagina to prevent prolapse (protruding out of the vagina). The procedure may be called an anterior repair when fixing a cystocele or a posterior repair when repairing a rectocele.

Incisions

An incision is made in the vagina at the site of the defect for this procedure. No abdominal incisions are required.

Operative Time

Operative times vary greatly depending on the findings at the time of surgery. Your surgeon will proceed with safety as his/her first priority. Average times range from 45-60 minutes.

Anesthesia

Spinal anesthesia or
General anesthesia

Preoperative Care

Nothing by mouth after midnight

You may be asked to do a bowel preparation on the evening prior to your procedure.

Hospital Stay

Inpatient stay for 1-2 days after the surgery

Postoperative Care

These guidelines are intended to give you a general idea of your postoperative course. Since every patient is unique and has a unique procedure, your recovery may differ.

Anti-inflammatory pain medicine is usually required for the first several days to manage soreness and inflammation.

Narcotic pain medicine will be provided to assist with the discomfort from the incisions.

We recommend that anti-inflammatory medications, such as ibuprofen, naproxen, etc., be used on a scheduled (regular) basis and that narcotic pain medicine be utilized on an "as needed" basis.

Driving is allowed after your procedure only when you do not require the narcotic pain medicine to manage your pain.

Patients may return to work in 4-6 weeks following the procedure.

Nothing in the vagina for 6 weeks.