Undiagnosed Diseases Program Referral Process

• Referring physician information: First and last names, office address, telephone and fax numbers, and email address
• Physician’s Summary of Present Illness Form or your written summary, directed to the UDP, including patient’s name and date of birth, noting nature and onset of undiagnosed illness, laboratory and radiographic abnormalities, prior evaluations, outcomes of treatments/medications tried, and patient’s current condition. Submit this information online >>
• Copy of office/clinic visit note from the referring physician that includes results of a recent physical exam, including vital signs
• List of current medications and drug allergies
• Patient’s contact and insurance information
• For pediatric patients, please supply height/weight/head circumference growth curves and information regarding the gestational, birth, and family history

Once the above elements are received, a letter of acknowledgement will be sent to the referring physician, including a request for any missing information, if applicable. If the patient is to be evaluated in the UDP, the referring physician and patient will be notified. At that time, additional documents will be requested as needed. The expectation is that the patient will be evaluated in the outpatient setting; should the patient require extensive and/or additional invasive testing that cannot be performed as an outpatient, hospital admission will be arranged. If the patient will not be evaluated in the UDP, the referring physician will be notified, and alternative clinics at UAB will be proposed, if appropriate. If the patient has provided history by telephone to our clinical coordinator, and the determination is made that the patient will not be evaluated, the patient will be notified by telephone. The estimated time from receipt of the referral to the determination for evaluation in the UDP is 6-8 weeks.

The UDP should not be envisioned as a referral site due to lack of availability of basic diagnostic or evaluation resources to the referring physician. Similarly, the UDP should not be seen as a place to refer patients who are acutely ill and/or unstable, require intense management in the acute setting, or have existing diagnosed and managed complex medical conditions. Upon diagnosis, the patient will receive management and treatment recommendations, to be coordinated in our facility and/or by the patient’s local care providers, according to the needs of and resources available to each patient. The UDP does not provide ongoing care for the patient’s condition(s). Questions regarding the referral process should be directed to Clinical Coordinator Carol Dahl at (205) 996-6583.

Referral documents containing the above information, if fewer than 30 pages, may be faxed to (205) 934-4111 (attention: Carol Dahl). Otherwise, please mail to:

UAB, Kaul 230
1720 Second Avenue South
Birmingham, AL 35294-0024
Attention: Carol Dahl