Tension-free Vaginal Sling Procedures Transobturator Tape Procedure

**Technique**
Procedure involves placement of a small piece polypropylene mesh around the pubic bones underneath the urethra, which is the tube that leads from the bladder to the outside of the body.

**Incisions**
A 3 cm incision is made within the vagina immediately beneath the urethra. In a TVT procedure, two, 3mm incisions are also made on the lower abdomen. In a TOT procedure, a 3 mm incision will be placed within the inguinal (groin) fold bilaterally.

**Operative Time**
Operative times vary greatly depending on the findings at the time of surgery. Your surgeon will proceed with safety as his/her first priority. Average times range from 20-40 minutes.

**Anesthesia**
Local anesthesia + IV sedation  
Regional (spinal or epidural) anesthesia  
General anesthesia

**Preoperative Care**
Nothing by mouth after midnight

**Hospital Stay**
Day surgery or  
23 observation

**Postoperative Care**
These guidelines are intended to give you a general idea of your postoperative course. Since every patient is unique and has a unique procedure, your recovery may differ.  
Narcotic pain medicine is usually required for the first 24-72 hours.  
Driving is allowed once you do not need narcotics for pain.  
If they desire, patients may return to work in 2 days.  
If you have difficulty voiding after your procedure, you will have a Foley catheter placed to aid with urinary drainage. Most patients will be able to void within 1-2 days. We will coordinate bladder testing and removal with you.