

Laparoscopic Tubal Sterilization (BTL)

Technique

Procedure involves laparoscopic blockage of the fallopian tubes by either clips, cautery, or removal of a segment of the tube. The surgeon will visually assess the liver, gall bladder, appendix, and pelvic cavity for any sign of additional pathology.

Incisions

One or two small incisions are made on the abdomen to complete this procedure. One of these incisions is 12mm in size and is placed within the umbilicus (belly button). If an additional incision is necessary, a 5mm incision will be placed on lower abdomen.

Operative Time

Operative times vary greatly depending on the findings at the time of surgery. Your surgeon will proceed with safety as his/her first priority. Average times range from 15-30 minutes.

Preoperative Care

- Schedule your case immediately after your period
- Nothing by mouth after midnight

Hospital Stay

- Day surgery

Postoperative Care

These guidelines are intended to give you a general idea of your postoperative course. Since every patient is unique and has a unique procedure, your recovery may differ.

- Pain medicine is usually required for the first several days. We recommend that anti-inflammatory medications, such as ibuprofen, naproxen, etc., be used on a scheduled (regular) basis and that narcotic pain medicine be utilized on an "as needed" basis.
- Driving is allowed once you do not require narcotics for pain.
- If they desire, patients may return to work in 48-72 hours postop. We advise that you do not perform any heavy lifting or strenuous exercise until after the surgeon has seen you.