

ABOUT THE RNICU & CCN

The Regional Newborn Intensive Care Unit (RNICU) at UAB's Women & Infants Center provides the best possible care for babies born too soon or who are ill. In conjunction with Children's of Alabama, UAB is classified as a Level IV RNICU, the highest level possible and the only Level IV in the state. The Center also houses UAB's Continuing Care Nursery (CCN), providing extended step-down care for preterm and term babies with medical conditions. The 120-bed Level IV RNICU/CCN was planned around the needs of newborns and their families, and is well-equipped to handle any situation that may arise.

24/7/365

At UAB, specialized neonatology physicians are on site 24/7/365, allowing for around-the-clock-attending at delivery to provide immediate care for premature and sick infants. A resuscitation hall is steps away from the C-section suites and labor, delivery, and recovery (LDR) rooms.

PRIVATE ROOMS

RNICU/CCN rooms are single patient rooms (except during periods of high occupancy), which provides the optimal environment for the important bonding that occurs in the first few days and weeks of life between family and baby. Our open visitation is grounded in research that shows the tremendous importance of the bonding between family and baby in the first month of life. Sleep space for a family member allows support for mom and baby to be right there in the room with them. Each baby is closely monitored by nurses who will care for them in their rooms. We have advanced wireless patient monitoring and patient telemetry equipment available. Since everything nurses need is at their fingertips, RNICU babies are constantly under nurse supervision, while still allowing for family privacy.

STATE OF THE ART COMMUNICATION SYSTEM

In addition to nurse supervision, all staff in the RNICU at the Women & Infants Center is equipped with a state-of-the-art communication system that allows one-touch communication with other members of the hospital staff, should an emergency arise. Appropriate medical personnel are able to respond to an infant in need within seconds.

MAGNET RECOGNITION

As a Magnet-certified hospital, nurses in UAB's RNICU/CCN are second to none, and patients can be assured they are getting the best possible nursing care at UAB. UAB was granted recognition as a Magnet hospital for the fifth time by the American Nurses Credentialing Center (ANCC). We are one of just over 400 hospitals. The ANCC is part of the American Nurses Association.

AMENITIES

Amenities in the Women & Infants Center are like none other. Families needing to spend weeks or even months with a sick baby have available to them The Ronald McDonalds House sponsored family room complete with kitchenettes, dining tables, couches, TVs and playrooms with activities for children visiting a sick sibling. Showers and a family laundry area to wash and dry your clothes is available.

UAB delivers world-class care to the sickest babies in Alabama and the region. With a combination of state-of-the-art technology and a compassionate, knowledgeable and skilled neonatal care team, the RNICU at UAB is like nowhere else in the state and few places in the country.

The current visitation is 4 designated visitors total (parents plus 2 others or mom plus 3 others). Siblings may be listed as designated visitors but count in the 4 total allowed and those siblings can only visit 8:00 am-8:00 pm (cannot spend the night).

RNICU & CCN VISITOR SCREENINGS

Visitors to the RNICU and CCN will be screened for contagious illness prior to entering those facilities to maintain the health of our smallest patients.

CONTINUING CARE NURSERY (CCN)

The Continuing Care Nursery (CCN) at the UAB Women and Infants Center also provides family-centered, specialized care to new babies in need. The CCN is a step-down nursery for newborns moving out of the RNICU as they continue to grow and prepare to go home, as well as a place for closer observation of babies transferred from the well-baby nursery.

Babies in the CCN are closely monitored by our dedicated health care team of physicians, nurses, respiratory therapists, infant nutrition technicians, and patient care technicians. Neonatologists and nurse practitioners are available 24 hours a day should your baby need them, along with Lactation Specialists to promote and support breast feeding.

CCN rooms are modeled to be as close to your home nursery as possible. Most rooms have a sofa that pulls out to sleep on, an recliner, an in-room bathroom complete with a shower for mom and dad, a bathing sink for baby, and a TV to make your stay with your baby more comfortable and home-like. In addition to single rooms, there are also special rooms for twins and triplets.

You also will find The Ronald McDonald House sponsored family room open 7:00 am-5:00 pm with a den area complete with a TV and couch for family time; a kitchenette with tables and chairs for family dinners, along with a refrigerator, microwave, and coffee maker; a family laundry area to wash and dry your clothes; and a quiet area with a microwave, ice, water, and coffee machine with beautiful view of the city.

Keeping babies safe is a top priority, so the unit entrances are locked 24 hours a day. All family members and visitors must wear identification badges to enter or remain in the unit to prevent unauthorized access. All babies wear an infant security band so we can know their whereabouts at all times.

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