

MORE SERVICES

Oncology Rehabilitation

Our oncology rehabilitation specialists are skilled at working with patients to get them back to living and working as quickly and as safely as possible following their ovarian cancer treatment.

These services are focused in the following areas:

- Physical therapy
- Occupational therapy
- Lymphedema treatment
- Neuropathy treatment

Naturopathic Medicine

Naturopathic providers have extensive knowledge of radiation therapy, chemotherapy, and other cancer treatments, in addition to their expertise in the effects of natural therapies.

Possible recommendations may include:

- Dietary supplements
- Exercise therapy
- Hydrotherapy
- Cryotherapy
- Lifestyle counseling
- Acupuncture
- Chiropractic care



CONTACT US

The Comprehensive Ovarian Cancer Program is backed by the knowledge, experience, and research of UAB Medicine, and we look forward to speaking with you about your particular case.

For more information or to make an appointment, please contact us at: (205) 934-9999 or toll-free at 1-800-UAB-8816.

Learn more online at uabmedicine.org/ovariancancer.

To contact the Comprehensive Ovarian Cancer Program office directly, call **(205) 996-4662**.

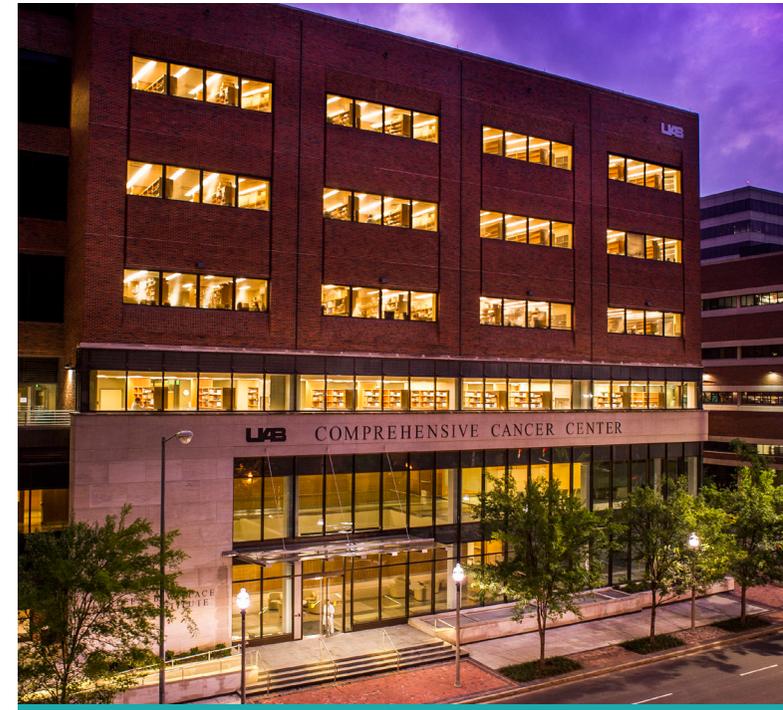
OFFICE LOCATION

**UAB Women & Infants Center
1700 6th Avenue South
Birmingham, AL 35249**

The Comprehensive Ovarian Cancer Program is located at the UAB Women & Infants Center, where our renowned gynecologic cancer specialists deliver leading-edge care in a world-class facility dedicated to women. Valet parking is available at the entrance to the building, or visitors may self-park in the deck at 4th Avenue South and 18th Street South.

COMPREHENSIVE OVARIAN CANCER PROGRAM

Patient Information



O'NEAL COMPREHENSIVE
CANCER CENTER

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CANCER CENTER

UAB MEDICINE
The University of Alabama at Birmingham

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The mission of the UAB Medicine Comprehensive Ovarian Cancer Program is to improve the lives of women affected by or at risk for ovarian cancer. The first of its kind in the Southeast, our program bundles many important services for patients and their families, which in addition to conventional treatment may be combined with patient and caregiver support services, nutritional counseling, mind/body medicine, naturopathic therapy, oncology rehabilitation, fertility preservation, and more.

Each patient is assigned a nurse navigator to assist you throughout your treatment journey. The nurse navigator makes contact with the patient prior to the initial appointment, provides an overview of the program, discusses expectations, and assists with lodging, parking, and other arrangements. The navigator meets with each family upon arrival to the appointment, introduces the care team, and completes a comprehensive needs assessment.

For women who have an elevated risk for ovarian cancer, we offer “previvorship” care, through which we provide the education and medical knowledge patients need to make informed decisions about their ovarian health. This program increases the likelihood of early detection and offers clinical solutions that may reduce the chances of being diagnosed with ovarian cancer in the future. For women whose cancer is now in remission, our survivorship care provides the ongoing medical and emotional support they need to remain healthy, long after their treatment has come to an end.

CONVENTIONAL TREATMENTS

Ovarian cancer care is delivered by an experienced team of physicians trained in surgery, chemotherapy, and radiation, supported by a dedicated group of advanced practice providers, nurses, and specialty staff. We offer the latest minimally invasive and open surgical techniques, including robotic procedures and complex radical surgery.

Each patient visits with a registered dietician prior to starting treatment to identify goals for caloric and protein needs to prevent malnutrition, restore digestive health, and optimize the treatment regimen. In addition, referrals to classes on healthy eating habits are available to both the patient and her caregiver, so that patients may continue a healthy lifestyle at home, helping you stay strong and nourished as you continue your cancer treatment.

Depending on the specifics of your case, the treatment we provide may include some or all of the following:

- Surgery
- Chemotherapy, including intraperitoneal chemotherapy
- Radiation therapy
- Targeted therapies
- Hormonal therapy
- Genomic testing & personalized medicine
- Participation in clinical studies of new treatments

PATIENT SUPPORT SERVICES

Our dedicated team can assist with a wide variety of supplemental support services designed to enhance your care and make life easier for you and your family during this difficult time. Our range of services includes:

- Lodging and transportation arrangements
- Supportive care, palliative care, and hospice
- Woman-to-Woman Mentoring Program
- Support groups
- Financial assistance
- Medication assistance
- Home visits
- Caregiver support resources
- Access to online education, including podcasts containing up-to-date information about cancer-related issues

MIND/BODY MEDICINE

Therapeutic relationships and psychosocial support are an integral part of holistic care, which can have a positive effect on your treatment and overall peace of mind. Patients meet with our licensed social worker at least once during their treatment to learn more about the range of available services, which include:

- Pet therapy
- Music therapy
- Relaxation and guided imagery
- Patient and caregiver support groups
- Counseling services to the patient, couple, and/or family
- Pastoral Care

Our licensed mental health professionals can provide referrals and coordinate services to empower your mental health, minimize stress, and improve your relationships and overall well-being. They also can connect patients with qualified practitioners, support groups, and counseling services in your area once you return home.

FERTILITY PRESERVATION

Depending on the individual case and the therapies involved, the chances for ovarian cancer survivors to conceive after treatment can be limited. But thanks to our collaboration with UAB Reproductive Endocrinology and Infertility Services, women have several options to preserve or restore their fertility, so that they may start a family after they complete their cancer treatment. These options include:

- In vitro fertilization (IVF) and embryo freezing
- IVF and egg freezing
- Ovarian tissue freezing